

## GET IN TOUCH NOW

We understand the importance of open communication and value the opportunity to connect with you. Sign up for MyChart and message your healthcare team anytime.

**Phone** : +123-456-7890

**Website** : Medicare Annual Wellness.com

**Location** : 123 Anywhere St., Rocky Mount, NC



## WHAT TO BRING?

- All medications, vitamins, supplements and topical creams
- A list of all the doctors on your healthcare team including specialists.
- Pharmacy name and location
- Names of any agencies providing home health for injury or illness.
- A list of any medical equipment supply companies used.
- A list of all recent immunizations .
- A Health Risk Assessment form if asked to complete one.

The more you know and can share the better we can help .



BOICE-WILLIS  
CLINIC

PREVENTATIVE CARE & WELLNESS

## ANNUAL MEDICARE WELLNESS VISIT UNC HEALTH

Connecting with patients to provide comprehensive wellness planning and prevention from a healthcare team you can trust.

## ABOUT ANNUAL WELLNESS

The Medicare Annual Wellness visit is free for Medicare beneficiaries. The annual visit can help prevent disease and disability. It is a chance for you to work with your healthcare team to create a personalized plan to help keep you healthy.

*Patient's working with doctors to create a personalized health care plan.*



## OUR SERVICE

At UNC Health, we are proud to offer a wide range of comprehensive healthcare solutions. Our goal is to provide patients with the highest quality of care, addressing all aspects of individuals health and promoting patients overall wellness.

- **Preventative Care**

Screenings including blood pressure, cholesterol, colorectal and breast cancer, skin cancer, diabetes, osteoporosis, hearing, vision, falls, and mental health.

- **Immunizations**

Preventative vaccinations for Flu, Pneumonia, and Shingles.

- **Medication Management**

Review all your medications with your healthcare team and learn more about your medications.



- **Safety in the Home**

Individualized focus on ways to keep you safe at home or out and about, emphasizing fall prevention.

- **Advance Care Planing**

Work with your healthcare team to create a document that indicates your healthcare preferences in case illness or injury prevents you from telling them yourself.

- **Stay Connected with MyChart**

Stay in direct contact with your health care team through MyChart. We want to hear from you.